



# 50 Fun and Motivating Rewards for Kids

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80	Afternoon walk or bike ride with family.
80	1 hr free time on the computer.
150	1 hr free time on the iPad
150	Choose a board game to play with the family tonight.
150	Stay up 1 hour past my bedtime.
150	Kick the footy with dad or mum.
150	Go to the library to choose a new book
150	Get \$1 to spend at the tuck shop
200	Go to the cricket nets with dad or mum.
200	Shoot hoops with mum or dad.
200	Choose a special dessert
200	Go out for an ice-cream
200	Buy lunch from the school canteen or tuckshop one day this week
200	Go stargazing
200	Bake cupcakes with mum or dad.
200	Play catch with dad or mum.
200	Buy a new song on iTunes
200	Rent a DVD
200	Download a new App
200	Choose a favourite food at the supermarket.
250	Choose the family meal for tonight's dinner.
250	Choose a family activity for the weekend.
250	1hr hanging out with Dad alone
250	1hr hanging out with Mum alone
250	Choose a chore for mum or dad to do.

250	Invite a friend to visit after school.
300	Let's go fly a kite on a windy day
300	Have a girls hair and makeup afternoon
300	Let's go fishing.
300	Let's go to the beach on the weekend.
300	Spend the day playing at the park.
300	Let's go to the local swimming pool.
300	Let's go to the bike track for the day.
300	Let's go to the skate park for the day.
300	Let's go and visit the museum.
350	Lunch with mum or dad in a cafe or restaurant.
350	Choose a special take-away meal
400	Control of the TV remote control for one day.
400	Go to the football
400	Buy your favourite new music album.
500	Let's go bowling!
500	Let's go to the movies to see whatever I choose.
550	Sleepover at grandparents' house
600	Invite a friend for a weekend sleepover.
800	Choose mum or dad to be your slave for the day.
800	No household chores for one whole week.
800	Let's go horseriding.
1000	Go to the theatre
1000	Go to a concert
1000	Go to theme park (Dreamworld / Seaworld / Movie World etc).